

INVITED SPEAKERS

INTERNATIONAL ENDOCRINOLOGY NURSE SPEAKER



DR. CHRIS YEDINAK

N.W. Pituitary Center, Tigard, OR, USA

Chris Yedinak, DNP, FNP-BC, MN, RN

Assistant Professor, Department of Neurosurgery, N.W. Pituitary Center

Chris Yedinak is a Doctor of Nursing Practice and a board certified Family Nurse Practitioner who has provided clinical diagnosis and management of patients with pituitary and adrenal dysfunction for the last 14 years.

Dr. Yedinak completed her undergraduate training in Australia and her post graduate and Doctoral Studies at Oregon Health & Sciences University, Portland Oregon. She also holds a post Graduate Diploma in Tertiary Education in Nursing from University of Southern Queensland, Toowoomba, Australia and provides clinical mentorship for doctoral and advanced practice nursing students, endocrine and neurosurgical residents and fellows.

Her Doctoral project involved the development and pilot of an instrument for the measurement of Quality of Life in patients with pituitary tumors and diseases. Her ongoing clinical research is focused on clinical outcome studies and issues in the management of patients with chronic pituitary diseases. Dr. Yedinak is involved in ongoing international collaborative studies in pituitary diseases. She has authored over 60 peer-reviewed articles, abstracts and 6 book chapters and has presented her research at numerous scientific meetings worldwide.

Dr Yedinak is a board member of US Endocrine Nurses Association and is co- founder of the Federation of International Nurses in Endocrinology (F.I.N.E).

LOCAL SPEAKERS



SINEAD ARCHBOLD

Mater Children's Private Brisbane

Sinead Archbold is a Paediatric nurse with almost 10 years' experience specialising in Endocrinology. Sinead loves her work as Practice Nurse for Queensland Paediatric Endocrinology and Clinical Nurse at the Mater Children's Private Brisbane. She is currently studying at the University of Tasmania with the aim of becoming a Nurse Practitioner. Sinead's greatest passion however, is her 3 amazing children who keep her busy being a soccer mum and a dance mum.



DR. JACINTA COLEMAN

Monash Children's Hospital, Camberwell

Public Affiliation: Head of Adolescent Medicine, Monash Children's Hospital

Qualifications: MBBS (Hons) FRACP, Certificate in Child and Adolescent Psychiatry

Jacinta is the Head of Adolescent Medicine at Monash Children's Hospital, and additionally works in private practice, to support the health and well being of children, adolescents and their families.

Jacinta has worked in the area of Adolescent Health for over 20 years. This developmental period brings with it several challenges unique to this period in a young person's life. Jacinta combines her general paediatric training with her interest in good mental health outcomes, to manage a broad range of medical issues, particularly those conditions which cross the divide between paediatrics and psychiatry. She has seen many cases of young people with a range of eating disorders. Over recent years there has been a huge improvement in the delivery of services to these young people. The use of Maudsley Family Based Treatment has revolutionised care for young people and their carers, and we can now expect much better recovery rates. Jacinta works with a dedicated team of doctors, nurses and allied health professionals, both in private and public work. Other areas of interest are the unsettled infant, assessment of children with ADHD and autism spectrum disorders, and general paediatric conditions.



PROF. MARK COOPER

Concord Clinical School, University of Sydney

Mark Cooper is the Professor of Medicine and Head of the Discipline of Medicine at the Concord Clinical School, University of Sydney. Until 2012 he was a Senior Lecturer in Endocrinology at the University of Birmingham, UK. He was also metabolic bone physician at the Royal Orthopaedic Hospital, Birmingham, one of the largest orthopaedic hospitals in Europe. His clinical and research interests include adrenal steroid physiology and metabolic bone disease. In particular, he has

examined the role that glucocorticoid metabolism plays in normal physiology and glucocorticoid induced osteoporosis. He is currently an Editor for BONE and an editorial board member for CTI. He was previously the Bertram Abraham's Lecturer in Physiology at the Royal College of Physicians of London. He continues to combine a clinical practice with a basic/translational research group.



PROF. HELENA TEEDE
MCHRI, Monash University, Clayton

Professor Teede is committed to clinical and public health research, translation of evidence into practice and healthcare improvement. As an NHMRC Practitioner Fellow, she sits on NHMRC Health Care Committee, Faculty for Research Translation Steering Committee for Diabetes and Obesity, is President Endocrine Society of Australia and on Government advisory committees. She is Director of the Monash Centre for Health Research and Implementation, School of Public Health, Monash University and an Endocrinologist and Head Diabetes, Monash Health. Working across sectors and internationally she has >250 publications and with her team of 60 multidisciplinary researchers currently hold ~\$15M in research funds, mostly from NHMRC. She has supervised 21 PhD students and mentored clinical trainees in endocrinology and is a role model for young women juggling career and family commitments.



PROF. DUNCAN TOPLISS
The Alfred Hospital, Melbourne

Duncan Topliss MB BS Hons, MD, FRACP, FACE

Duncan Topliss is Director of the Department of Endocrinology and Diabetes at the Alfred Hospital, Melbourne, and Professor of Medicine in the Department of Medicine, Monash University. He is a past-President and Life Member of the Endocrine Society of Australia. He has a substantial experience in the management of thyroid disease and thyroid cancer over more than 35 years. He was a principal investigator in the SELECT trial of lenvatinib in advanced thyroid cancer. He has a long-term interest in the prevention and management of acute and chronic complications of diabetes and has been an investigator on several major international diabetes trials. He has served on the editorial board of Clinical Endocrinology and is a frequent reviewer for Clinical Endocrinology, the Journal of Clinical Endocrinology & Metabolism, Thyroid, and other endocrine journals. He has a wide interest in clinical endocrinology including osteoporosis, pituitary and adrenal disease, and endocrine hypertension.



KATE WESSELINGH
The Alfred Hospital, Melbourne

Kate Wesselingh completed her nursing degree at LaTrobe University, and worked on the respiratory ward at the Alfred Hospital in Melbourne for 5 years. She later completed her Masters in Clinical Midwifery at Monash University, including a thesis on the effects of pregnancy on Cystic Fibrosis, and went on to work in Midwifery at Sandringham Hospital. Most recently she has completed a graduate certificate in Sexual Health at Melbourne University. In 2012 she joined the Alfred Endocrinology team as the Endocrine Nurse specialist, taking over from endocrine nursing veteran Fiona Long who retired after 25 years in the role.



PROF. CHRIS WHITE
Prince of Wales Hospital, Randwick

Dr White is a Senior Staff Endocrinologist & Director of the Department of Endocrinology at the Prince of Wales Hospital and Conjoint A/Professor at UNSW. He is also a staff physician at the Royal Hospital for Women Randwick, the Clinical Director of Laboratory Endocrinology (SEALS) and the Director of the Centre for Bone & Osteoporosis Research. He obtained his PhD in Molecular Endocrinology at the Garvan Institute of Medical Research and continues to research the role of Vitamin D, sex steroids and carbohydrate metabolism in bone cell biology and osteoporosis.