



Endocrine Nurses' Society of Australasia Inc.

ENSAnews

Welcome to the first official electronic newsletter
ENSAnews!

We welcome your contribution to this newsletter. You can submit content/feedback via email to:
tania.yarndley@waikatodhb.health.nz
Looking forward to hearing from you.

Tania Yarndley Newsletter Editor

About ENSA Inc.

The Endocrine Nurses' Society of Australasia incorporated, (ENSA Inc.) is a professional organisation which provides a forum for continuing education and professional development for nurses working in the field of endocrinology.

The Society promotes collaboration between health professionals and is committed to the advancement of the art and science of endocrine nursing as a specialty field, through the development of standards of practise, enhancing clinical expertise and promoting and encouraging nursing research.

President's Message

We have just recently held our 24th ENSA symposium in Sydney and thank you to all who contributed to the day. I hope that those who were able to attend enjoyed the meeting and found the program interesting and relevant. I must say that from my point of view it was fantastic to have so many nursing and allied health colleagues speaking to us on a wide range of topics. Congratulations to all our Nurses in Action Presenters (many first timers) who did a wonderful job sharing their initiative, research and experience with our group. It was the highlight of the day! Well done to Julie Hetherington and Ann Robinson for completing their Nurse Practitioner studies. I'm sure we will have more ENSA members following in their footsteps in the coming years.

ENSA has a busy year ahead, commencing with the Novartis Annual Endocrinology and Oncology Meeting for Nurses in March. Details are yet to be confirmed and we will keep you posted. On the 22nd of June 2014 we have the International Endocrine Nurses Symposium in Chicago, a meeting for Nurses which coincides with ICE/ENDO, the world's largest endocrinology meeting. This is a very exciting collaboration with our USA and European colleagues and ENSA will endeavour to provide as much support as possible to our membership in order to facilitate attendance. Finally our next ENSA symposium is scheduled for Monday the 25th of August in Melbourne, with planning well on the way.

Klaus Sommer

November 2013



ENSA Committee 2013–2014

President: Klaus Sommer

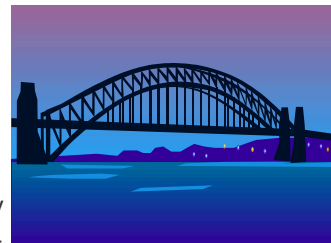
Secretary: Helena Ching

Treasurer: Susie Baird

For further information

have a look at our website:

[Www.ensa.org.au](http://www.ensa.org.au)





2013 ENSA Nurses in Action presenters:
Carole Dunnett, Yuk Fun Chan, Helena Ching, Anne Robinson, Valerie Cheetham

My ENSA Travel Grant August 2013

The opportunity to apply for a travel grant support to attend this year's ENSA annual meeting in Sydney was a new initiative. Support from employers is generally a thing of the past and airfares, accommodation and registration costs add up to considerable out of pocket expenses.

The opportunity also brings responsibility. Grants are prioritized for those who have put up their hand and submitted an abstract. We are all busy and submitting the abstract on time is another pressure. Then you have to prepare the talk if accepted. We all doubt ourselves. There is the anxiety associated with public speaking, doubts about our own abilities and skills.

ENSA is a diverse organization. We all bring unique skills to the forum and this creates an opportunity to be continually learning from each other. This is a perfect forum for both novice and experienced presenters to share and support.

Thanks to ENSA for establishing the travel grants. Thanks for spurring me on to submit an abstract and present a piece of work. Plus thanks to my fellow presenters in this year's nurses in action session. I am in awe of my colleagues in endocrinology for their patient focus, commitment to the nursing model of care in chronic disease and their innovations. We are working in difficult times in health care delivery. Sharing and collaborating has become paramount.

So if you have an idea think about sharing your work, applying for an ENSA travel grant for Melbourne 2014 and be a part of Nurses in Action. You will be so pleased that you did.

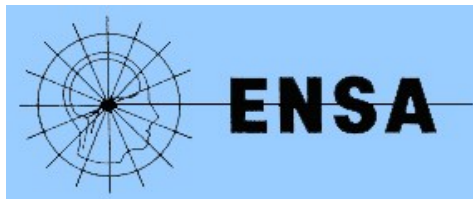
Ann Robinson ENSA Member

The Hand-Held Health Care Record for People with Acromegaly

Special mention to Ann Robinson who bought along the very first issues of "The Hand-Held Health Care Record for People with Acromegaly".

This was "launched" at the 2013 ENSA meeting with much celebration.

The booklet is aimed at providing information for people with Acromegaly and their families and to assist with communication between services. ENSA is very proud of Ann. We know that this book will be extremely helpful and empowering for patients living with Acromegaly and coping with the intricacies of keeping track of their health. It will be accessible through the ENSA website, Australian Pituitary Foundation, or talk to your Novartis representative to obtain copies.



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Travel Grant to Attend International Endocrine Nursing Meeting at ICE/ENDO in CHICAGO, Sunday June 22nd 2014

<https://www.endocrine.org/endo-2014>

The value of each grant is the equivalent of a return economy airfare, accommodation and registration for the Nurses Meeting

ELIGIBILITY CRITERIA:

- Membership of ENSA for more than 2 yrs
- Must deliver an oral presentation at the Chicago meeting
- Applications should include a covering letter stating how assistance to attend would benefit the applicant and include an abstract of the proposed presentation

Applications must be received by 17th of December 2013

Forward applications or enquires to:

Klaus Sommer:

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